

About Intrauterine Insemination (IUI) (#5)

If you are considering an intrauterine insemination procedure, use the following questions to learn more about the treatment and the service provided.

- Will a hysterosalpingogram be done to document that the woman's tubes are open before doing IUI?
- Will any ovulatory stimulating drugs be used? If so, which ones?
- If not drugs will be used, how will the clinic time when to do the insemination?
- How many inseminations will be done per cycle and how many hours apart?
- Is the clinic open for inseminations on weekends and holidays? If not, where do they refer patients for IUI on those days?
- Does the semen sample have to be collected at the office or lab?
- Ask the clinic to tell you the quality of the specimen before and after the washing technique.
- Will the lab use more than one ejaculation per insemination or will they use the first or last part of the seminal ejaculation only?
- Will the practice use frozen donor sperm which is prepared for IUI?
- Who in the practice will do the insemination?
- How long will you have to stay lying down after the insemination?
- Does the clinic have an opinion about having sexual intercourse within 24 hours after doing an IUI? A few studies have reported increases in pregnancy rates if a couple has intercourse after an IUI?
- How many cycles of IUI does the doctor recommend before moving on to the next treatment option?

Further information on this topic is available through RESOLVE fact sheets. For a publications order form, go online to www.resolve.org. You can also contact RESOLVE Headquarters at 1760 Old Meadow Rd, Ste 500, McLean, VA 22102 or 703.556.7172.

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