

## ***About Sperm Analysis (#28)***

Any of the following factors might affect the outcome of the semen analysis.

1. Does the laboratory you are using do at least 50-100 analyses a month?
2. Does the laboratory use the computer assisted method or the microscope to assess the sample?
3. Are you taking any medications, either prescription or non-prescription? If so, have you told your doctor?
4. Have you had a fever in the last three months? If so, have you reported it to your doctor?
5. Did you abstain from ejaculating for at least two days prior to the analysis?
6. Did you collect the whole ejaculate?
7. Did you keep the specimen at body temperature if you had to take it to a lab?
8. Did you get the specimen to the lab within 1-2 hours of collection?

During an infertility evaluation or infertility treatment, it is a good idea to have a repeat semen analysis done periodically even if the initial one was normal.

***Further information on this topic is available through RESOLVE fact sheets. For a publications order form, go online to [www.resolve.org](http://www.resolve.org). You can also contact RESOLVE Headquarters at 1760 Old Meadow Rd, Ste 500, McLean, VA 22102 or 703.556.7172.***

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