If you are considering donating frozen excess embryos to an individual/couple or if you are considering using donated embryos, consider the following questions:

**Questions for the embryo donor to consider:**
- Have you seen an experienced counselor to be sure you and your partner agree on donating your embryos to someone else?
- Have you and your partner both signed a contract with the clinic?
- Is there a clear legal agreement between you and the recipients with a clear relinquishment of legal rights to the embryos and the release of liability for any harm that may result from any adverse consequences resulting from the donation?
- Does the clinic where your embryos are stored require a wait period after the contract forms have been signed, before the donation is activated?
- Can you revoke your consent? If so, at what point in the process?
- Have you determined how much personal information you are willing to have shared with the recipient?
- How does the clinic “match” donors and recipients?
- Would you prefer to meet recipients if that were an option to you?
- Have the recipients received psychological screening and consultation with respect to this donation?
- Do you feel that you have sufficient information about the recipients to make an informed decision regarding donation of your embryos?
- Are you willing to be contacted by the recipients in the case of medical issues relating to the child?
- What, if any, information do you want to be told regarding the recipient’s pregnancy or birth resulting from your donated embryos?
- Do you want to have any contact with a child born from your donated embryos?
- What will be done with any embryos that are not used by the recipient?
- Will the clinic receive any financial benefit from your donation?
- Are you and your partner required to undergo screening and testing for communicable disease (as outlined in the donor guidelines for the American Society for Reproductive Medicine) at least 6 months after the date the embryos were frozen?
- Will the recipient couple pay for any required retesting or counseling?

**Questions for the intended recipients to consider:**
- What was the age of the donor at the time her eggs were retrieved to create the embryo?
- Did the donating couple have male factor infertility?
- Was intracytoplasmic sperm insemination (ICSI) used during the IVF cycle?
- Has preimplantation genetic diagnosis been done on any of the frozen embryos?
- Were any children born to the donor from the batch of embryos that are now being donated?
- How much medical information on the donors is available?
- Would you prefer to meet the donors if that were an option to you?
- Are the embryos from a cycle in which donor-egg or donor sperm was used?
- Will issues of disclosure to the child, family and friends be discussed during appointments with the
Has the donor couple been screened and tested for communicable diseases after the embryos have been frozen for at least 6 months?

As the recipient, are you required to see a counselor? If so, to whom does the clinic refer?

What type of uterine preparation is used prior to embryo transfer?

Is a mock cycle done prior to the embryo transfer to document that the uterine preparation is adequate?

What type of progesterone (injections, suppositories, vaginal cream) is used for luteal support after embryo transfer?

How many embryos are usually transferred?

When should you start folic acid and prenatal vitamins?

What, if any, kind of information will be written in the medical records regarding the fact that donated embryos were used?

What does the clinic charge for embryo donation IVF?

If embryos do not survive the thaw, is there any financial adjustment made?

Is there a mechanism through which you can contact the donor in the case of a medical emergency with the child?

Is there a legal agreement signed by the donors relinquishing all rights and responsibilities to the embryos and releasing you from any liability for any adverse consequences?

Resources:
- American Society for Reproductive Medicine (ASRM), www.asrm.org
- Society for Assisted Reproductive Technology (SART), www.sart.org

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